



Preventive Health Wing

Annual Report 2020

50, Arpit Nagar, Gandhi Path, Vaishali Nagar, Jaipur (Raj.) - 302021

**“Good health is that precious wealth,
Can not buy all the wealth together”**

The first happiness of life is told to the healthy body. This is also true because if you are healthy then you can enjoy everything, but if your health is poor then you will not be able to enjoy any food, walking, wealth. But our changing lifestyle and food have made our body home to many diseases. This is the reason that today in every family, some person is living his life with the help of medicines.

With the consumption of medicines, a person has to keep many types of precautions. These drug expenses spoil the budget of a common family. Research has revealed that an average Indian family spends 1.5 lakh rupees per year on diseases and their treatment. Keeping all these things in mind, Help India has started Mission Preventive Health. The mission of Help India, Preventive Health, is to provide health services to the people so that they can prevent them before the disease and keep the body healthy by increasing the immunity of the body.

Mission Preventive Health was started on June 21, 2020, under this mission, people have to be trained in preventive health through digital training. This training in preventive health is being given by experienced Yogacharya and Ayurvedacharya. So far, more than 8 lakh people have been trained in preventive health. Help India has set a target to create 1 crore Preventive Health Consultants by the Yoga Day on 21 June 2021 this year, which we will definitely achieve with the support of all of you.

Okinawa of India

Okinawa has a place in Japan, most of the people live a healthy life till the age of 90. Research has revealed that they have arranged their routines and food in such a way that they remain healthy for a long time. Now knowing all of you will be very happy, Help India is going to create such a health infrastructure for you by bringing the entire routine and catering there, which will be called Okinawa of India.

Here fruits, vegetables, herbs, and grains will be cultivated in a completely organic way. In which no type of chemical fertilizer will be used. And the fruit vegetable herbs produced here will be used in the manufacture of health products. These products will be available on the B2ME website, which can be purchased through the online process, along with these products will be available at the B2M counter across the country.

Preventive health

Preventive Health Camp Number	98
Preventive health camp held in a number of states	15
Preventive Health Consultant Trainer Number	1634
Preventive Health Consultant Certificate Distribution	6.05,446

Preventive health products

Serial number	Preventive health products	Health benefits
1	Bronatus capsules	For brain health
2	Immunoxy capsules	To increase immunity
3	Cardiorex capsules	Make your heart strong and healthy
4	Ayush decoction	Seasonal infection prevention
5	Calcilox capsule	For kidney and urinary problems
6	Live and live	Cleanse the liver and improve functionality
7	Bone active	Strong bones
8	Giloy Ghan Vati	Immunity booster, beneficial in diabetes, improving digestion
9	Kurkuma Longa Capsules	Effective in heart problems, helpful in lowering cholesterol
10	B2ME Vita Charged Syrup	Instant energy, and strengthening resistance
11	B2ME Vita Herbal Powder	Helps in removing nutritional deficiencies, mental stress

12	B2ME Digestive Syrup	Beneficial in stomach related problems
13	B2ME Addiction Full Stop	Effective in relieving addiction
14	B2M Health Supplement	Immune booster drop
15	Dry Fruit Chyavanprash	Products beneficial for overall body health
16	B2M Chocolate Drinking Powder	Beneficial in weight loss provides energy
17	N 95	Infection prevents 95% of the spreading particles.

Mission Preventive Health has awarded the Leadership Icon Award for spreading awareness in society and providing the best products of preventive health to the people.

Only a healthy person can help in building a healthy society and a healthy society can make the country strong and self-reliant. Help India in the future through the Mission Preventive Health Program, public awareness about health in the country as well as preventive health products to the people

Mr. Raja Singh
Preventive Health Wing Chairman